



# BOOK *reviews*



TITLE: **HELP FOR YOUR FEARFUL DOG**

AUTHOR: **NICOLE WILDE**

If your dog is afraid of strangers or fears vet visits, you know how difficult calming him can be. Nicole Wilde, certified trainer and canine behavior specialist, has written a comprehensive, compassionate guide to understanding and addressing canine fear issues.

*Help for Your Fearful Dog* begins by exploring the root causes of fear. Photographs illustrate fearful canine body language and stress signals, followed by an explanation of how human body language affects dogs. The program outlined in the book promotes calm canine behavior, and includes management, nutrition, exercise, leadership, and positive, gentle training. Wilde then explains step-by-step how to desensitize your dog to what frightens him. Fifteen common fears are addressed, including riding in the car and being left alone. Useful tips, tricks, and troubleshooting accompany each chapter. The book closes with a section on complementary therapies and remedies.

The information is presented in a conversational, often humorous style, highlighted by amusing illustrations and graphics. *Help for Your Fearful Dog* is indispensable reading for dog guardians.

Publisher: Phantom Publishing